

LESS - Primary care from politics to practice

On August 28th and 29th, we will be welcoming guests from Iceland and the Capital Area Primary Health Care and presenting our interdisciplinary approach, which we have been developing over the past three years. This is a landmark project in the development of psychosocial services within primary healthcare, with social workers and psychologists at the forefront.

We have prepared a comprehensive two-day program (see attached agenda) to give our guests the best possible insight into our development work.

Thursday, August 28

09:00 – 10:00 | Presentation: Praktikertjänst AB and Primary Health Care Center in Eslöv - with Joachim Rudling

- Introduction to Integrated primary care and the model Lägsta effektiva sjukskrivning [LESS](#)
- Triage and patient flow
- Roles and tasks of the professions

10:00 – 10:30 | Breakfast and mingling with the staff

10:30 – 11:00 | From politics to practise - with operations manager Kajsa Köllerfors

- How we create value with multiple professions

11:00 – 12:00 | How it works - Multiprofessional teamwork

- Nursing Staff: Triage and needs assessment
- General Practitioners: a doctor's perspective on working in integrated primary care and multiprofessional teamwork

12:00 – 13:00 | Lunch Break

13:00 – 13:30 | Psychosocial resources: Assessment and treatment with brief interventions

13:30 – 14:00 | Physiotherapists: Rehabilitation and Mobility Support

14:00 – 14:30 | Q&A and Discussion

Friday, August 29

Half day site visit in Capio Primary Health Care center Västra Hamnen.

- With Psychologist Alexander Sävås as guide into the Capio organization and interdisciplinary clinical work.